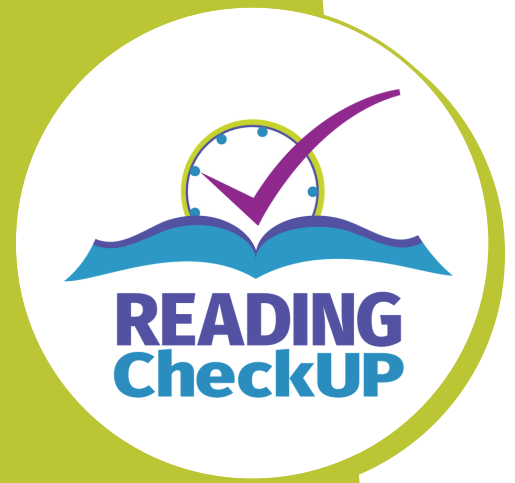


CHILD- MANAGED MEANING - FOCUSED



BEDTIME CHECKLIST

Time: 105minutes

Materials:

- Paper
- Pencil or Crayon

Reinforce the connection between the printed word, sequence, and meaning by creating a bedtime checklist for the child. Write a brief sequence of steps on a piece of paper, including a simple illustration and a check box. For example, your list could include brushing teeth, using the potty, and putting on pajamas. As the child gets ready for bed, point out the appropriate item on the checklist. Provide the child with a crayon/pencil and allow them to check the boxes as they complete each step. Do this every night and soon the child will be 'reading' the list and following a routine on their own!